



Dr. Gail McVey, Psychologist with the Ontario Community Outreach Program for Eating Disorders presents:

The role of parents and volunteers in promoting healthy eating in a weight obsessed world: Common pitfalls and recommendations to safeguard well-being.

45 minutes/15 Q & A

Tuesday, March 7, 2017

7:00 p.m. to 9:00 p.m.

North Grenville Municipal Centre
285 County Road 44, Kemptville

Healthy Kids Community Challenge Leeds and Grenville presents:

Tools to help support parents and coaches in role modelling and promoting healthy sideline snacks/beverages.



Visit each station to be eligible to win one of two **\$500** sporting store gift cards!

✓ Free childcare

✓ Giveaways

✓ Light snacks

Register: <https://hkcc-fuelling-kids-recreation.eventbrite.com>

www.healthykidslg.ca